

# OUR SCHOOL MEALS ARE THE SEVENTH LESSON OF THE DAY!

Did you know choosing our meals will support your child's learning in the classroom, and will teach them how to make healthy choices

For the new school year in conjunction with the kitchen staff, we have created a **brand-new menu packed with dishes that we know your child will enjoy**. Our catering teams understand what children like to eat. They will get to know your child over their time at school, and will encourage him/her to try new foods and make sure **they have a meal they will want to eat**.

It is important that **children get the right nutrients to help them learn and thrive in the classroom**. They will learn the importance of **good nutrition** and making **healthy choices** through activities and theme days.

**We look forward to taking your child on our food journey.**

## Lunchtime Term Dates

Week 1	Week 2	Week 3
01.09.25	08.09.25	15.09.25
22.09.25	29.09.25	06.10.25
13.10.25	20.10.25	03.11.25
10.11.25	17.11.25	24.11.25
01.12.25	08.12.25	15.12.25
05.01.26	12.01.26	19.01.26
26.01.26	02.02.26	09.02.26
23.02.26	02.03.26	13.04.26
16.03.26	23.03.26	04.05.26
20.04.26	27.04.26	01.06.26
11.05.26	18.05.26	22.06.26
08.06.26	15.06.26	13.07.26
29.06.26	06.07.26	
20.07.26		

## FREE School Meals

**Did you know meals are still free for Reception, Y1 & Y2?**

Under the Government's Universal Infant Free School Meal (UIFSM) scheme, **all children in Reception, Years 1 and 2 can enjoy school meals during term-time for free**, regardless of their family's financial circumstances. You do not need to register for UIFSM. Your child's school may ask if your child will be taking meals so that they can make the necessary arrangements.



### Your older children could be entitled too!

If you are in receipt of certain benefits or have a household income below the threshold, your entitlement will continue into Year 3 and beyond.

**To check if you are eligible please visit:**

**[www.wolverhampton.gov.uk/freeschoolmeals](http://www.wolverhampton.gov.uk/freeschoolmeals)**

**Or ask at your child's school how to apply.**

## School meal pricing

If you pay for meals, prices are set by each school, they will let you know how much they are and how you need to pay for them. **Our meals always provide excellent value for money for a 2-course meal with a drink.**



**Themed days bring fun and friendship into the dining room.**

We have a **brand new themed calendar** that will not only bring **fun** into the dining rooms, but will **introduce** your child to new tastes and flavours.

**Keep an eye out at your child's school for related dates and menus!**



## Food Allergies and intolerances

Some of our menu items contain allergens. Peanuts and nuts are also classed as allergens, but these are not used in our menu.

Our professional and dedicated catering team are able to provide details of the 14 food allergens on request. We cater for medically diagnosed food allergies and intolerances by working with dieticians at New Cross Hospital. **We want no child to be excluded from choosing our great school lunches.**

### For more information on special diets:

Visit: **[www.wolverhampton.gov.uk/catering](http://www.wolverhampton.gov.uk/catering)**

Call: **01902 555223**

Email: **[cateringcleaning@wolverhampton.gov.uk](mailto:cateringcleaning@wolverhampton.gov.uk)**

## Our staff are parents too!

Don't worry if your child is starting school for the first time or is new to school meals, our staff are parents too. **They know all there is about fussy eaters and how to get children to eat a good balanced meal**. They will make sure **your child never goes hungry**. If you have any concerns, please ask to speak to the catering team.



## We only put good things into our menus!

We endeavour to use as many local suppliers as possible to reduce food miles and support the local economy. And look to source certified British and sustainable ingredients for our menu.

✓ **Catering Services Primary Menu holds the Bronze Food for Life Award**

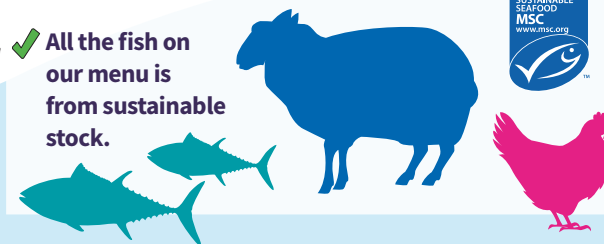


✓ **All meat products used in our menus are British Red Tractor or Farm Assured Certified.**



✓ **We only use Free Range Eggs from local suppliers.**

✓ **All the fish on our menu is from sustainable stock.**



# \* SCHOOL MEALS MENU \* 2025-26 \*

Look through our new menu, not only will it make a difference to your child's learning and development, but it will also make a difference to the planet!

		Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Week 1		 <b>Cheese &amp; Potato Pie &amp; Baked Beans</b>  <b>Vegetable Lasagne</b>  Garlic Bread Mixed Salad Sweetcorn Chocolate Brownie or Cheese & Crackers	<b>Chicken Curry</b> <b>Quorn Curry</b>  Rice Naan Garden Peas Strawberry Mousse Tart or Yoghurt	<b>Pepperoni Pizza</b> <b>Margherita Pizza</b>   Diced Potatoes Coleslaw Mixed Salad Steamed Syrup Sponge & Custard or Fruit Salad	<b>Cottage Pie</b> <b>Shepherdess Pie</b>  Bread & Butter Green Beans Carrots Ice Cream Tub or Cheese & Crackers	 <b>Fish &amp; Chips*</b> <b>Cheesy Bean Melt &amp; Chips</b>  Bread & Butter Peas or Baked Beans Fruit Medley or Yoghurt
		<b>Quorn Meatball Marinara with Spaghetti</b>  <b>Macaroni Cheese</b>  Garlic Bread Mixed Salad Iced Sponge & Custard or Yoghurt	<b>Beef Burger</b> <b>Veggie Burger</b>  Potato Wedges Mini Corn on the Cob Vanilla Cookie & Fruit Slices or Cheese & Crackers	<b>Pizza Topped Chicken</b> <b>Cheese &amp; Onion Swirls</b>  Diced Potatoes Sweetcorn Mixed Salad Chocolate Orange Sponge & Custard or Fruit Salad	<b>Roast Dinner with Yorkshire Pudding</b> <b>Quorn Sausages in Gravy</b>  Boiled Potatoes Cauliflower Green Beans Fruit Fool or Cheese & Crackers	<b>Fish Fingers &amp; Chips*</b> <b>Quorn Nuggets &amp; Chips</b>  Bread & Butter Peas or Baked Beans Ice Cream Tub or Yoghurt
		 <b>Margarita Pizza</b>  <b>Vegetable Pasta Bake &amp; Garlic Slice</b>  Potato Wedges Coleslaw Mixed Salad Lemon Drizzle Traybake & Custard or Cheese & Crackers	<b>Homemade Chicken Pie</b> <b>Quorn Sausage Roll</b>  Diced Potatoes Carrots Green Beans Chocolate Cookie or Yoghurt	<b>Beef Lasagne</b> <b>Tomato Pasta Bake</b>  Garlic Bread Mixed Salad Rainbow Jelly or Fruit Salad	<b>All Day Breakfast</b> <b>Veggie All Day Breakfast</b>  Hash Brown Bites Baked Beans & Mushrooms Double Choc Pots or Cheese & Crackers	<b>Fish &amp; Chips*</b> <b>Pizza Swirl &amp; Chips</b>  Bread & Butter Peas Baked Beans Jammie Flapjacks & Custard or Yoghurt

Available Daily – Sandwich Choice of Ham or Cheese, Milk, 50/50 Bread, Fresh Fruit. Jackets Available Daily – Tuna, Cheese or Beans. \*Salmon & Cod provided  Vegetarian  Vegan