

BILSTON CHURCH OF ENGLAND PRIMARY



MEDIUM TERM PLANNING

Subject	Topic/Key Question	Year Group	Term	Time Allocation
Spanish	Healthy Lifestyle Comer Sano	6	Autumn 2	4.5 hours
End of Key Stage objectives:	<p>Pupils should be taught to:</p> <ul style="list-style-type: none"> • listen attentively to spoken language and show understanding by joining in and responding • explore the patterns and sounds of language through songs and rhymes and link the spelling, sound and meaning of words • engage in conversations; ask and answer questions; express opinions and respond to those of others; seek clarification and help • speak in sentences, using familiar vocabulary, phrases and basic language structures • develop accurate pronunciation and intonation so that others understand when they are reading aloud or using familiar words and phrases • present ideas and information orally to a range of audiences • read carefully and show understanding of words, phrases and simple writing • appreciate stories, songs, poems and rhymes in the language • broaden their vocabulary and develop their ability to understand new words that are introduced into familiar written material, including through using a dictionary • write phrases from memory, and adapt these to create new sentences, to express ideas clearly • describe people, places, things and actions orally and in writing Languages - key stage 2 3 • understand basic grammar appropriate to the language being studied, including (where relevant): feminine, masculine and neuter forms and the conjugation of high-frequency verbs; key features and patterns of the language; how to apply these, for instance, to build sentences; and how these differ from or are similar to English. 			
End of unit objectives:	<p>In this unit the children will learn how to:</p> <ul style="list-style-type: none"> • Name and recognise 10 foods and drinks considered good for your health. • Name and recognise 10 foods and drinks not considered good for your health. • Say what activities they do to keep in shape during the week. • Say in general what they do to maintain a healthy lifestyle. 			

	<ul style="list-style-type: none"> • Learn how to make a healthy recipe in Spanish.
<p>Key vocabulary:</p>	<p>la comida sana - healthy eating/lifestyle comer - to eat beber - to drink como - I eat bebo - I drink bueno para la salud - good for (your) health malo para la salud - bad for (your) health para tener una buena salud... - to stay in good health I... para tener una buena salud como... - To stay in good health I eat... para tener una buena salud bebo - To stay in good health I drink para tener una buena salud no como - To stay in good health I don't eat... para tener buena salud no bebo - To stay in good health I do not drink... pescado - fish pollo - chicken queso - cheese leche desnatada - skimmed milk pan integral - wholemeal bread agua - water cereales - cereal vegetales - vegetables fruta - fruit nueces - nuts carne roja - red meat leche entera - milk pan blanco - white bread chocolate - chocolate mantequilla - butter caramelos -sweets patatas fritas - chips bebidas con gas - fizzy drinks galletas - biscuits juego al baloncesto - I play basketball paseo a mi perro - I walk my dog hago natación - I go swimming monto en Bicicleta - I go cycling hago judo - I do judo</p>

juego al tenis - I play tennis
 no veo la tele - I do not watch television
 no juego con juegos electrónicos - I do not play electronic games
 una receta - a recipe
 cortar - cut
 añadir - add
 mezclar - mix
 rallar - grate
 cocinar - cook

Lesson Sequence	Time Allocation	Key Question	Teaching Activities (Possible cross curricular opportunities)	Resources
Lesson 1	45 minutes	¿Comes la comida sana? <i>Do you eat healthy food?</i>	<p>Provide children with vocabulary list for the unit to stick in their books.</p> <p>Introduce the unit 'Comer sano' (Healthy Lifestyle) and share the aims of the unit.</p> <p>Use 'Healthy Foods & Drinks' PowerPoint to introduce the ten new words.</p> <p>Healthy lifestyles song</p> <p>Activity: Gap fill activity sheet</p> <p>Plenary: The children have been introduced to 10 new nouns - how many can they remember just from this lesson? Some are cognates so they should be easier - vegetales and fruta.</p> <p style="text-align: center;"><u>Vocabulary</u> comer - to eat comer sano - to eat healthily pescado - fish pollo - chicken queso - cheese</p>	<p>Healthy Foods & Drinks PowerPoint</p> <p>Healthy lifestyles song - Language Angels</p> <p>Comer sano sheet (Teams > Curriculum > MFL > MTP > Year 6 > 2. Comer sano > 1. Comer sano gap fill sheet</p>

			<p>leche desnatada - skimmed milk pan integral - wholemeal bread agua - water cereals - cereal vegetales - vegetables fruta - fruit nueces - nuts</p>	
Lesson 2	45 minutes	<p>¿Comes la comida no sana?</p> <p>Do you eat unhealthy food?</p>	<p>Explain the aim of the lesson: to learn nine new words but this time they will be foods and drinks considered to be bad for a healthy lifestyle when taken in excess. Ask the children to try and remember at least five words from last week. Allow them to consult in pairs first.</p> <p>Use 'Unhealthy foods & drinks' PowerPoint to introduce the nine new words.</p> <p>Healthy lifestyles song</p> <p>Activity: Gap fill sheet</p> <p>Plenary: The children can now play a shopping list game. The first pupils starts by saying what they have 'tengo...' then picks one of the words they have learnt in this lesson (or last lesson). The next pupil says that word and then ass on one of their own. The aim is to remember as many of the foods/drinks as possible in the correct order said previously. The teacher may have to keep a list for reference.</p> <p><u>Vocabulary</u> carne roja - red meat leche entera - milk pan blanco - white bread chocolate - chocolate mantequilla - butter caramelos - sweets patatas fritas - chips bebidas con gas - fizzy drinks galletas - biscuits como - I eat</p>	<p>Unhealthy Foods & Drinks PowerPoint</p> <p>Healthy lifestyles song - Language Angels</p> <p>Comer sano sheet (Teams> Curriculum> MFL> MTP> Year 6> 2. Comer sano > 2. Comer sano gap fill sheet</p>

			<p>bebo - I drink</p> <p>para tener una buena salud como... - to stay healthy I eat...</p> <p>para tener una buena salud bebo... - to stay healthy I drink...</p> <p>para tener una buena salud no como... - to stay healthy I do not eat...</p> <p>para tener una buena salud no bebo... - to stay healthy I do not drink...</p>	
Lesson 3	45 minutes	<p>¿Qué comes para tener una buena salud?</p> <p><i>What do you eat to be healthy?</i></p>	<p>Explain the aim of the lesson: to consolidate all their new words and hopefully remember them. How many can they remember without looking at their notes or the powerpoint? Does this number increase if they share ideas with a partner?</p> <p>Use 'All foods & drinks' PowerPoint to consolidate all their learning</p> <p>Activity: play snap with the word and picture snap cards</p> <p>Plenary: The children will be encouraged and use their own full Spanish sentences in answer to the questions posed at the end of this lesson (¿Y tú, qué comes y bebes para tener una buena salud? ("And you, what do you eat and drink to stay healthy?"). Can they apply this new language skill to other Spanish they know? The more able may wish to write their full sentences as well as speak them.</p>	<p>All Foods & Drinks PowerPoint</p> <p>Comer sano snap (Teams> Curriculum> MFL> MTP> Year 6> 2. Comer sano > 3. Comer sano - snap</p>
Lesson 4	45 minutes	<p>¿Qué haces para tener una buena salud?</p> <p><i>What do you do to be healthy?</i></p>	<p>Explain the aim of the lesson: to learn some key phrases for sports that they may/may not do at school and after school to stay healthy.</p> <p>Use 'Healthy & unhealthy activities' PowerPoint to introduce the language.</p> <p>Activity: Complete class survey. Pupils simply use the new phrases they have learn in class to interview each other. Many will have completed surveys in the past. Target question is on the sheet and they reply with the</p>	<p>Healthy & unhealthy activities PowerPoint</p> <p>Comer sano survey (Teams> Curriculum> MFL> MTP> Year 6> 2. Comer sano > 4. Comer sano survey</p>

			<p>phrases as seen on the board. For the really able there are a few extra words in a box for them to use. One pupil asks the question and the other simply says what they do to stay healthy. It can be the truth or made up, one sentence that they can remember from memory or all of them if they want to impress.</p> <p>Plenary: Can anybody look carefully at the Spanish introduce in today's lesson and explain how to express a negative in Spanish? This idea here is to get the pupils actually looking at the language and verbalising what they say.</p> <p style="text-align: center;"><u>Vocabulary</u> juego baloncesto - I play basketball paseo a mi perro - I walk my dog hago natación - I go swimming monto en Bicicleta - I go cycling hago judo - I do judo juego al tenis - I play tennis no veo la tele - I do not watch television no juego con juegos electrónicos - I do not play electronic games</p>	
Lesson 5	45 minutes	<p>¿Cómo cocinar una comida sana?</p> <p><i>How do you cook a healthy meal?</i></p>	<p>Explain aim of the lesson: to learn language allowing them to follow a simple healthy recipe in Spanish.</p> <p>Use 'Healthy Recipe' PowerPoint.</p> <p>Activity: Reading activity (on smart notebook) - children read what the character is saying and answer the questions. Children can discuss their answers in pairs before sharing with the class</p> <p>Plenary: Can these words be transferred easily? Can anybody now make up a simple recipe on the spot using the instructions from the PowerPoint? (from memory, this may be a little demanding)</p> <p style="text-align: center;"><u>Vocabulary</u></p>	Healthy recipe PowerPoint

			<p>cortar - cut añadir - add mezclar - mix rallar - grate cocinar - cook</p>	
Lesson 6	45 minutes	<p>¿Qué recordáis? <i>What do you remember?</i></p>	<p>Explain the aim of the lesson: Revise all language from the unit before completing an end of unit task.</p> <p>Use 'Comer sano' PowerPoint to revise all language used this unit.</p> <p>Activity: End of unit task</p> <p>Plenary: How many different things have we learnt in the unit? In which situations would we use this language? (general class discussion)</p>	<p>Comer sano activities PowerPoint</p> <p>Comer sano end of unit task (Teams> Curriculum> MFL> MTP> Year 6> 2. Comer sano > 6. Comer sano end of unit task</p>