

BILSTON CHURCH OF ENGLAND PRIMARY



MEDIUM TERM PLANNING

Subject	Topic/Key Question	Year Group	Term	Time Allocation
PE	Cricket	5	Summer 1	5 hours
<p>Key Vocabulary: accuracy, striking, fielding, cricket bat, wind ball, wicket, bowler, fielder, batter, stumps, bails, bowling, throwing, overarm, underarm.</p> <p>Knowledge: Pupils will be taught to:</p> <ul style="list-style-type: none"> - Improve their technique when sending a ball and striking a ball with a bat. - Think of methods to get someone out. - Develop their understanding of tactics and positioning in order to win. 				

Lesson Sequence	Time Allocation	Key Question/WALT	Teaching Activities	Resources
Lesson 1	1 hour	WALT Throw and catch	<p>Warm up- Moving around at different speeds, stopping for balances/stretches.</p> <p>Explain the main areas of cricket – catching, throwing, batting, bowling.</p> <p>Underarm throwing/Catching (STEP differentiation)</p> <p>Overarm throwing/Catching</p> <p>Accuracy throwing – Use targets</p> <p>Cool down – Walking/stretching of key areas.</p>	<p>Balls</p> <p>Spots/Cones</p> <p>Targets</p>

Lesson 2	1 hour	WALT develop batting techniques	<p>Warm up- Traffic light game</p> <p>Demonstrate batting with a straight bat. (Drive)</p> <p>Small group work – Underarm bowl and bat to another person</p> <p>Demonstrate a cut shot.</p> <p>Children practice in small groups</p> <p>Small game – find the gaps in the field – How will you achieve this?</p> <p>Cool down - Walking/stretches of key areas.</p>	<p>Balls</p> <p>Bats</p> <p>Spots/Cones</p> <p>Stumps</p>
Lesson 3	1 hour	WALT bowl overarm	<p>Warm up- Mr Men game</p> <p>Demonstrate the difference between bowling and throwing. (Straight arm)</p> <p>In pairs, underarm bowl to hit a target/cone (STEP)</p> <p>Overarm bowl at stumps</p> <p>Bowling overarm in a game at a batter.</p> <p>Cool down – dynamic stretches</p>	<p>Ball</p> <p>Spots</p> <p>Cones</p> <p>Stumps</p> <p>Bat</p>
Lesson 4	1 hour	WALT bowl accurately	<p>Warm up- Moving around at different speeds, stopping for balances/stretches.</p> <p>Recap the difference between bowling and throwing. (Straight arm)</p> <p>Overarm bowl at stumps (STEP) – Use target to pitch the ball</p> <p>Can children bowl at speed? What happens if you bowl too fast?</p> <p>Bowling overarm in a game at a batter.</p>	<p>Ball</p> <p>Spots</p> <p>Cones</p> <p>Stumps</p> <p>Bat</p> <p>Chalk</p>

			Cool down – dynamic stretches	
Lesson 5	1 hour	WALT play cricket	<p>Warm up- Moving around at different speeds, stopping for balances/stretchers. Introduce equipment to use while moving (Balls/Bean bags)</p> <p>Recap techniques for throwing, catching, batting and bowling.</p> <p>Introduce rules for a game situation</p> <p>Each pair gets 2 overs each.</p> <p>Introduce scoring system</p> <p>Cool down – Dynamic stretches</p>	<p>Balls</p> <p>Bean Bags</p> <p>Stumps</p> <p>Chalk</p> <p>Bats</p>