

# BILSTON CHURCH OF ENGLAND PRIMARY



## MEDIUM TERM PLANNING

Subject	Topic/Key Question	Year Group	Term	Time Allocation
PE	Rounders	6	Summer 1	6 hours

Key Vocabulary: accuracy, striking, fielding, rounders bat, rounders ball, bases, bowler, fielder, batter.

Knowledge: Pupils will be taught to:

- Improve their technique when sending a ball and striking a ball with a bat.
- Think of methods to stop runners.
- Develop their understanding of tactics and positioning in order to win.

Lesson Sequence	Time Allocation	Key Question/WALT	Teaching Activities	Resources
Lesson 1	1 hour	Sending – be able to identify where to send the ball and how to improve your technique	<p>Warm up – patterns of movement, dynamic stretches and focusing on balance (be able to move with balancing equipment).</p> <p>In this session students will be working on sending and how and where to send the ball and improving their technique when sending. This will include underarm and overarm techniques. Children will work on repetitive throwing target games to improve accuracy and consistency. They will then progress on playing a game consisting of basic striking and fielding rules. They will think of methods of throwing the ball</p>	<p>Soccer 2000 plan</p> <p>Cones, balls, bibs, batting tees, bats</p>

			<p>are more effective and what can be best for stopping runners.</p> <p>Cool down – slow movements, static stretching</p> <p>Self-reflection - Self-reflection – personal performance review, red, yellow, green. Judge performance based on green being successful, yellow being made progress but still need to develop, and red being they did not improve today.</p>	
Lesson 2	1 hours	Sending and Receiving – identify how to return the ball to the bowler as quickly as possible	<p>Warm up – Patterns of movement, dynamic stretches and a focus on coordination. (Reaction board)</p> <p>Sending and receiving:</p> <ul style="list-style-type: none"> <li>- How can you return the ball back to the bowler as quickly as possible</li> <li>- How to ensure the bowler is ready to receive the ball</li> <li>- Why is it important?</li> </ul> <p>Striking and fielding:</p> <ul style="list-style-type: none"> <li>- Which is the best position to stand when batting and why?</li> <li>- What is the sequence of your body parts as you take a shot?</li> </ul> <p>Cool Down – Slow movements and static stretching.</p> <p>Paired reflection – Discuss own performance with another child.</p>	<p>Soccer 2000 plan</p> <p>Bats</p> <p>Different sized balls</p> <p>Cones</p> <p>Tees</p>

Lesson 3	1 hour	Completing set tasks using prior learning (Core tasks)	<p>Warm up - Patterns of movement, dynamic stretches and a focus on agility. (Zig-Zag)</p> <p>Striking:</p> <ul style="list-style-type: none"> <li>- Hit the ball and run between wickets.</li> <li>- Where is the best place to hit the ball and why?</li> <li>- As a fielder, where is best to stand and why?</li> <li>- How can you work as a team to ensure batters get out quicker?</li> </ul> <p>Cool down - Slow movements and static stretching.</p> <p>Peer reflection – Visual evaluation using thumbs up/down</p>	<p>Soccer 2000 plan</p> <p>Different sized balls</p> <p>Wickets</p> <p>Bats</p> <p>Cones</p>
Lesson 4	1 hour	Sending, Batting, Bowling, Fielding – identify different methods of striking the ball that you could use and when might you use them?	<p>Warm up - Patterns of movement, dynamic stretches and a focus on balance. (push and pull)</p> <p>Sending, Batting, Bowling, Fielding:</p> <ul style="list-style-type: none"> <li>- What different techniques can you use when fielding to stop batters quickly?</li> <li>- How can you make it harder for fielders when batting?</li> <li>- What will help you achieve more accuracy when bowling and why?</li> <li>- What are the health benefits of playing this type of game?</li> </ul> <p>Cool down - Slow movements and static stretching.</p>	<p>Soccer 2000 plan</p> <p>Cones</p> <p>Tennis/Quick cricket balls</p> <p>Bibs</p> <p>Bats</p>

			Personal performance review – Use of coloured cones (Traffic light)	
Lesson 5	1 hour	Sending, Batting, Bowling, Fielding – identify different methods of striking the ball that you could use and when might you use them?	<p>Warm up - Patterns of movement, dynamic stretches and a focus on balance. (push and pull)</p> <p>Sending, Batting, Bowling, Fielding:</p> <ul style="list-style-type: none"> <li>- Non-stop cricket (quick cricket) – in pairs</li> <li>- Why is it important to rotate positions?</li> <li>- What methods of striking the ball could you use?</li> </ul> <p>Cool down - Slow movements and static stretching.</p> <p>Personal performance review – Use of coloured cones (Traffic light)</p>	<p>Soccer 2000 plan</p> <p>Cones</p> <p>Tennis/Quick cricket balls</p> <p>Bibs</p> <p>Bats</p>
Lesson 6	1 hour	Completing set tasks using prior learning (Core tasks)	<p>Warm up - Patterns of movement, dynamic stretches and a focus on agility. (Zig-Zag)</p> <p>Striking:</p> <ul style="list-style-type: none"> <li>- Hit the ball and run between wickets.</li> <li>- Where is the best place to hit the ball and why?</li> <li>- As a fielder, where is best to stand and why?</li> <li>- How can you work as a team to ensure batters get out quicker?</li> </ul> <p>Cool down - Slow movements and static stretching.</p>	<p>Soccer 2000 plan</p> <p>Different sized balls</p> <p>Wickets</p> <p>Bats</p>

			Peer reflection – Visual evaluation using thumbs up/down	Cones
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