

# PSHE Knowledge Map - Spring 1 - Dealing with Feelings



Good to be Me

vocabulary

1	Conflict	Conflict is when people have a serious disagreement
2	Resolving	To make your mind up about a problem or issue.
3	Anger	A normal emotion and is felt as a reaction of something negative and affects us.
4	Mediator	Finding out the problems, Exploring the issues and finding solutions and reach agreements. (to act as a go between.)
5	Negotiate	Discuss a problem or issues.
6	Jealousy	A bundle of feelings that usually put together and can appear as anger, fear, hurt, betrayal, anxiety and sadness.
7	Problem Solving	Identifying peaceful problem solving to



Over Coming Barriers to Learn-

