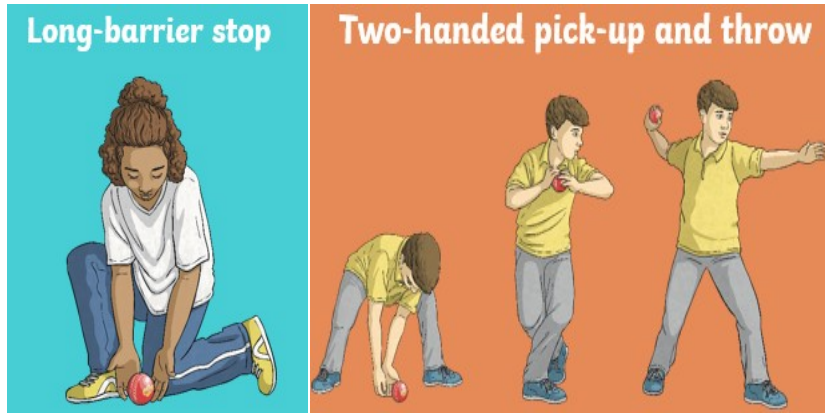


# PE Knowledge Map - Spring 2 - Striking and Fielding

## Vocabulary



Fielding



Striking

1	Underarm throw	The action of throwing the ball after first swinging the arm low and backwards behind the body and then forwards to release the ball at about waist height.
2	Overarm throw	The action of throwing a ball after first taking the ball back behind the body and powerfully pushing the arm forwards over the head, releasing the ball as it passes the head.
4	Tactics	The actions performed by individual players to work towards an agreed strategy are called tactics. For example, a backstop throwing the ball straight back to the bowler to reduce the risk of overthrowing to first base.
5	Technique	A way of performing specific actions correctly and effectively.
6	No-ball	In rounders, a no-ball is called when the bowler does not deliver the ball correctly to the batter. For example, too high, low or wide.
7	Positioning	This means standing in the right places for the striking and fielding game. For example, fielders evenly spread out along the outside of the pitch to minimise the amount of runs from the batting team.