

PE Knowledge Map - Spring 2 – Net/Wall Games



Develop consistency when striking



Develop teamwork skills

Vocabulary

Balance	put (something) in a steady position so that it does not fall.
Coordination	the ability to use different parts of the body together smoothly and efficiently.
Agility	ability to move quickly and easily.
Accuracy	The quality of being precise.
Target	something to shoot at, either real or figurative
Throw	to send something through the air with force, especially by a sudden movement of the arm
Position	the point where something is located, as on a map, or the posture it's arranged in