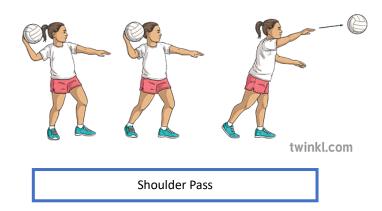
PE - Knowledge Map - Spring 1 - Invasion





Chest Pass

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1	Overarm throw	A throw that is made with the arm moving above the shoulder:
2	Attacking	Making a forceful attempt to score or other- wise gain an advantage. it is the movement of the players and the ball for the team who has possession.
3	Defending	The act of preventing an opponent from scoring.
4	Catching	In catching or receiving, the body controls a ball or object, relying on the ability of the eyes to track the ball into the receiving part of the body.
5	Court	an area drawn out on the ground that is used for playing sports such as tennis and basketball: a tennis/volleyball/basketball/ squash court.
6	Pivot	A movement in which a player with the ball steps once or more in any direction with the same foot while the other foot (pivot foot) is kept at its point of contact with the floor.
F	Tactics	Tactics are actions and strategies planned to achieve an overall objective – in sport that objective is predominantly to win. Tac- tics can depend on a number of factors such as opposition, players available for selec- tion, the importance of the game/match and possibly even weather.

vocabulary