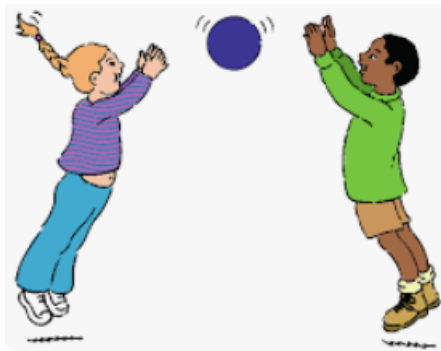


# PE Knowledge Map - Spring 1 - Invasion Games

## Vocabulary



Keeping possession



Sending and Receiving Objects

Balance	put (something) in a steady position so that it does not fall.
Coordination	the ability to use different parts of the body together smoothly and efficiently.
Agility	ability to move quickly and easily.
Accuracy	The quality of being precise.
Kick	to strike out or hit with the foot
Throw	to send something through the air with force, especially by a sudden movement of the arm
Travel	to move or advance from one place to another.