

# PE — Autumn 2 — Quick Sticks



Dribbling



Receiving



Shooting

## Vocabulary

- 1 **Passing**  
When another player on your team hits the ball towards you.
- 2 **Receiving**  
This is when the hockey ball has been passed to you by another player on your team and you have controlled it with your hockey stick.
- 3 **Striking**  
Striking is when you hit the hockey ball with full force towards the goal, or as a long pass across the hockey pitch.
- 4 **Attacking**  
Moving towards the opposition goal whilst in possession of the hockey ball.
- 5 **Positioning**  
The area of the pitch that you are standing in as a player.
- 6 **Travelling**  
Moving across the pitch with the ball.
- 7 **Dribbling**  
using the inside of the stick to move the hockey ball from side to side close to your body.
- 8 **Control**  
Making sure that the hockey ball is no more than a yard in front of you as a hockey player whilst you are dribbling or stopping the hockey ball.