

Healthy Groups score comparison (Autumn 2)

Similarly, to the SEMH Groups, the healthy group has also been tracked but, in a different way. Instead of being tracked over ability to do so for these tables, they have been tracked in relation to performance of activity. The Autumn 2 topic is Co-Ordination, therefore had to complete a coordination task, catch as many times as you can in 30 seconds with a big ball. They have been assessed initially before taking part in my sessions to improve agility, as well as after the sessions to create a comparison of their ability. This also will be shown in graph format to make the progress visual.

See tables below.

Year 1 – Healthy lifestyles group (Autumn 2) Progress Tracking

Date:	11/09/20	02/10/20	06/11/20	11/12/20				
Activity:	Agility (collecting cones in 30 seconds)		Co-ordination (catching a ball in 30 seconds)					
	Before	After	Before	After	Before	After	Before	After
Scores:								
KRW	7	7	8	7				
KMA	7	8	9	12				
FG	6	7	6	6				

Please refer to session plans regarding scores and content taught.

Year 2 – Healthy lifestyles group (Autumn 2) Progress Tracking

Date:	10/09/2-	20/10/20	08/12/20	15/12/20				
Activity:	Agility (collecting cones in 30 seconds)		Co-ordination (catch a ball as many times in 30 seconds)					
Scores:	Before	After	Before	After	Before	After	Before	After
KT	6	6	10	9				
DK	5	4	9	8				
MJ	6	8	12	12				
BC	8	8	14	13				
KB	6	6	10	9				
MT	7	8	15	17				
KRE	6	7	16	16				
VB	6	6	X	X				

Please refer to session plans regarding scores and content taught.

Year 3 – Healthy lifestyles group (Autumn 2) Progress Tracking

Date:	08/09/20	19/10/20	02/11/20	07/12/20				
Activity:	Agility (collecting cones in 30 seconds)		Co-ordination (catch as many times with a ball in 30 seconds)					
	Before	After	Before	After	Before	After	Before	After
Scores:								
MS	7	9	16	18				
TM	6	7	12	11				

Please refer to session plans regarding scores and content taught.

Year 4 – Healthy lifestyles group (Autumn 2) Progress Tracking

Date:	09/09/20	21/10/20	02/11/20	07/12/20				
Activity:	Agility (how many bean bags can you collect in 30 seconds)		Co-ordination (catch as many times with a ball in 30 seconds)					
	Before	After	Before	After	Before	After	Before	After
Scores:								
BA	10	11	20	21				
GOC	12	12	18	20				
DK	10	9	15	16				
JKG	10	10	17	18				

Please refer to session plans regarding scores and content taught.

Year 5 – Healthy lifestyles group (Autumn 2) Progress Tracking

Date:	10/09/20	22/10/20	05/11/20	17/12/20				
Activity:	Agility (how many bean bags can you collect in 30 seconds)		Co-ordination (catch a ball as many times in 30 seconds)					
	Before	After	Before	After	Before	After	Before	After
Scores:								
EB	8	9	-	-				
SK	10	9	15	12				
AS	9	10	14	15				
KD	10	12	22	23				
ES	10	11	14	21				
OAJ	11	11	16	16				

Please refer to session plans regarding scores and content taught.

Year 6 – Healthy lifestyles group (Autumn 2) Progress Tracking

Date:	17/09/20	22/10/20	03/12/20	10/12/20				
Activity:	Agility (how many bean bags can you collect in 30 seconds)		Co-ordination (catch as many times as you can in 30 seconds with a ball)					
Scores:	Before	After	Before	After	Before	After	Before	After
RP	9	10	26	26				
RP	8	8	25	24				
ST	8	8	7	12				
NT	6	7	8	14				
JS	6	8	12	12				
SJ	7	9	X	X				
MH	8	10	15	14				

Please refer to session plans regarding scores and content taught.