

Healthy Groups score comparison (Summer 1)

Similarly, to the SEMH Groups, the healthy group has also been tracked but, in a different way. Instead of being tracked over ability to do so for these tables, they have been tracked in relation to performance of activity. The Summer 1 topic is co-ordination, therefore had to complete a throwing task which focused on accuracy in order to hit as many targets as they could from 5m by choosing a way of throwing. They have been assessed initially before taking part in my sessions to improve their throwing technique, as well as after the sessions to create a comparison of their ability. This also will be shown in graph format to make the progress visual.

See tables below.

Year 1 – Healthy lifestyles group (Summer 1) Progress Tracking

Date:	11/09/20	02/10/20	06/11/20	11/12/20	30/04	28/05		
Activity:	Agility (collecting cones in 30 seconds)		Co-ordination (catching a ball in 30 seconds)		Co-ordination (Throwing a ball with accuracy to hit a target in 60 secs)			
	Before	After	Before	After	Before	After	Before	After
Scores:								
KRW	7	7	8	7	2	2		
KMA	7	8	9	12	3	5		
FG	6	7	6	6	3	2		
PO					3	5		
KC					2	3		
GS					3	1		

Please refer to session plans regarding scores and content taught.

Year 2 – Healthy lifestyles group (Summer 1) Progress Tracking

Date:	10/09/2-	20/10/20	08/12/20	15/12/20	26/04	27/05		
Activity:	Agility (collecting cones in 30 seconds)		Co-ordination (catch a ball as many times in 30 seconds)		Co-ordination (Throwing a ball with accuracy to hit a target in 60 secs)			
	Before	After	Before	After	Before	After	Before	After
Scores:								
KT	6	6	10	9	4	5		
DK	5	4	9	8	2	3		
MJ	6	8	12	12	4	7		
BC	8	8	14	13	7	9		
KB	6	6	10	9	2	4		
MT	7	8	15	17	X	X		
KRE	6	7	16	16	4	5		
VB	6	6	X	X	X	X		
KP					5	5		
IMS					5	4		

Please refer to session plans regarding scores and content taught.

Year 4 – Healthy lifestyles group (Summer 1) Progress Tracking

Date:	09/09/20	21/10/20	02/11/20	07/12/20	13/05	28/05		
Activity:	Agility (how many bean bags can you collect in 30 seconds)		Co-ordination (catch as many times with a ball in 30 seconds)		Co-ordination (Throwing a ball with accuracy to hit a target in 60 secs)			
	Before	After	Before	After	Before	After	Before	After
Scores:								
BA	10	11	20	21	11	X		
GOC	12	12	18	20	9	8		
DK	10	9	15	16	6	9		
JKG	10	10	17	18	5	6		
JR					3	5		
FC					5	9		
GP					6	10		
MR					3	4		
AM					7	9		

Please refer to session plans regarding scores and content taught.

Year 5 – Healthy lifestyles group (Summer 1) Progress Tracking

Date:	10/09/20	22/10/20	05/11/20	17/12/20	26/04	28/05		
Activity:	Agility (how many bean bags can you collect in 30 seconds)		Co-ordination (catch a ball as many times in 30 seconds)		Co-ordination (Throwing a ball with accuracy to hit a target in 60 secs)			
	Before	After	Before	After	Before	After	Before	After
Scores:								
EB	8	9	-	-	5	7		
SK	10	9	15	12	X	X		
AS	9	10	14	15	7	10		
KD	10	12	22	23	7	8		
ES	10	11	14	21	9	15		
OAJ	11	11	16	16	X	X		
RS					11	17		
CB					6	11		
NS					7	10		
TJF					5	6		

Please refer to session plans regarding scores and content taught.