#### Inter-house Olympics - March 2021

A big well done to all the children who participated in the inter house athletics competition against each other! Children had lots of fun throwing javelins, jumping to try and beat other participants, as well as running for as long as they can. Below are a few action shots of our children taking part in each activity.

#### **Activity – Javelin Throw**

This session, children will be throwing javelins as far as they can in order to score points for their house. They will start from a cone or a spot. They will have to throw the javelin using the right overarm throwing technique. There will be three markers placed out, three steps in-between them. If the javelin makes it past the first one, they get 1 point, if it makes it past the second marker they get 3, and if they get it past the third marker they get 5 points, they get one go each.





# **Activity - Running**

In this session, children will be running as many times as they can in 30 seconds from one cone to another cone that is placed 10M away from the other. They score a point every time they get back to the starting cone, which will give them one point. They will have 30 seconds to complete this, their scores will be totalled up for their house.





### **Activity – Jumping**





In this session, children will be competing how far they can do a running long jump and land on two feet. They will have a starting line where they must take off from, which they are allowed to run up to and then land on two feet. There will be 3 marker cones by the side just like the javelin, showing what score they got. Either 1, 3 or 5 depending on which cone they land at or past. These cones will be placed with 1 step in between each one.

# **Olympics Scoreboard**

<u>House</u>	Activity	<u>Points</u>
St Leonards	Running	19
	Throwing	19
	Jumping	13
House Total:		51

<u>House</u>	Activity	<u>Points</u>
Stonefield	Running	20
	Throwing	13
	Jumping	17
House Total:		50

<u>House</u>	Activity	<u>Points</u>
St Edwards	Running	16
	Throwing	17
	Jumping	9
House Total:		42

<u>House</u>	Activity	<u>Points</u>
Hickman	Running	18
	Throwing	17
	Jumping	15
House Total:		50

Well done to all children for participating, they did their absolute best at all of the activities, and the main thing was that they had fun, which they did! A massive congratulations to St Leonards for winning the Olympics today coming  $1^{st}$ , with Stonefield and Hickman coming joint  $2^{nd}$  place, with St Edwards finishing  $3^{rd}$  for bronze! Well done all.